



WMC Community Days Calendar

October 2016

WMC FEATURED EVENTS

(Some of these events are not sponsored by WMC, but we encourage you to attend in an effort to promote getting outside and staying active and healthy.)


Save the Date!

WMC Day at Westminster's Swim and Fitness Center!

Cost: Free for all WMC patients!

More details to come.

Contact Stacey at 303-487-5177.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
		3	4	5	6	7
						8
					Maize in the City, 10am, 10270 Riverdale Road, Thornton	Free: Fab Fall Festival, 2p-5:30p, SW Corner of 72nd and Simms, Arvada
	9	10	11	12	13	14
Pumpkin Festival, 9a-5p, Chatfield Farms Botanic Gardens, Littleton				Computer Coach, 10-12pm, Lafayette Public Library		15
					Nature Night, 6-9p, Westminster Train Station, 71 st and Hooker St.	Free: Autumn Community Hike, 9-11a, Quaker Acres Park, 74 th and Terry Court, Arvada
	16	17	18	19	20	21
Free: Full Moon Stroll, 6:30-7:30p, Standley Lake Regional Park			Bonkers for Bats, 6:30p, Majestic View Nature center, Arvada	Free: Meditation Class, 5pm, Boulder Shambhala Center, 1345 Spruce Street		22
						Free: Beginner Fly Fishing Class, 9:30a, Rocky Mnt Anglers, Boulder
						Halloween Harvest Festival, 5-7:30p, 92 nd Ave. & Harlan St., Westminster
	23	24	25	26	27	28
Free: Hill's Harvest, 10a-5pm, 3255 E. 124 th Ave, Thornton	Free Day: Denver Museum of Nature and Science			Learn to Lindy Hop, 6:30-9pm, Arvada Tavern, 5707 Olde Wadsworth Blvd		29
					Free: Trick or Treat Street, 5-7p, Olde Town Arvada Halloween Carnival at the Apex, 4-7p, Arvada	Spooktacular Healthy Halloween, 12-3pm, Natural Grocers (Wheat Ridge)
	30	31				
Free: Isabelle Farm Fall Harvest Festival, 10a-6p, 10650 Isabelle Rd., Lafayette	