



WMC Community Days Calendar

January 2017

WMC FEATURED EVENTS

(Some of these events are not sponsored by WMC, but we encourage you to attend in an effort to promote getting outside and staying active and healthy.)

FREE Fit 'n FUN Club

Sports Clinics, Olympic Style Field Games, Swimming, Gymnastics, Martial Arts, Nutrition Classes. Participate in annual events like 5Ks, 1 mile fun runs, etc. Parents must register their children the day of class at the center in order for them to participate. Family members are encouraged to join in on the FUN and in supporting each other in making healthier choices.



Dates: The first and third Saturday of every month.

Cost: Free

Location: Secrest Teen & Youth Center, 6820 W. 66th Avenue, Arvada

Phone: 720-238-2675

Info: <http://www.fit2bekids.org>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7 
FREE ADMISSION WEEK! Westminster Recreation Centers At City Park Fitness Center, West View Recreation Center, Swim & Fitness Center and The MAC!						
8 Winter Lights Ice, 10a-2p at Colorado Springs Fine Arts Center 	9	10 Free Day: Buffalo Bill Museum, Golden	11	12	13 Free: Mental Health First Aid Training @ Community Reach Center, 8am-5pm Register 303-853-3679	14 Free Day: Longmont Museum
15 National Western Stock Show & Rodeo at National Western Complex, Denver	16 Free Day: Denver Botanical Gardens	17 National Parks of Africa MVNC Travel Series, 7pm at Majestic View Nature Center	18 Free: Garbology: MVNC Campfire Series, 6pm at Majestic View Nature Center	19	20 Free Day: Clyfford Still Museum 5pm-8pm	21 Free Day: Denver Zoo
22 Free Day: Denver Museum of Nature and Science	23	24 Introduction to Backyard Beekeeping, 7pm at Majestic View Nature Center	25	26	27	28 Kids Yoga, 9:45am at 4353 Tennyson St. Denver
29 Free: Family Game & Movie Day, 2pm-4pm @ College Hill Library	30	31				
