



Est. 1952 in Westminster, CO

Serving, Collaborating, Learning, and
Innovating within a Healing Environment



COMMUNITY PARTNERSHIPS

- Founded Colorado Center for Primary Care Innovation, a 501c(3) in 2007 and created Aspen Renaissance Transformation Team (ART²), 2018 – Present
- Patient Advisory Council, 2013 – Present
- Jefferson Center for Mental Health, 2014 – Present.
- Denver Public Schools, Department of Transportation, *Healthwise* lifestyle classes offered to bus drivers, crossing guards, 2018 – Present
- American Association for Retired Persons. Co-host community-attended workshops, 2019 – Present
- Westminster Chamber of Commerce:
 - Member, 2017-Present
- Westminster Parks and Recreation, *Healthwise* lifestyle classes offered to local residents, patients, 2017-2018

AWARDS AND RECOGNITION

- National Committee of Quality Assurance
 - PCMH Recognition 2008 – Present
 - Diabetes Recognition 2006 – 2017
 - Heart/Stroke Recognition 2007 – 2017
- Proclamation, 65 Year Anniversary. Jefferson County, Colorado. 2018
- Innovator's Award. State Network of Colorado Ambulatory Practices & Partners. 2017
- Exemplar Practice. *The Primary Care Team: Learning from Effective Ambulatory Practices (LEAP)* Project. Robert Wood Johnson Foundation. 2013
- CAFP Family Physician of the Year, 2011. R. Scott Hammond, MD.
- CAFP Foundation, "PCMH of the Year" Award, 2010. Westminster Medical Clinic.

PRACTICE-BASED AND CLINICAL RESEARCH

- Colorado Center for Primary Care Innovation:
 - ART² Colorado Loneliness Project 6/2019 – Present
 - Health Literacy and the Patient Perspective in Primary Care. 2/2014 – 12/2014
- Advanced care planning and serious illness conversations: Practice Implementation Toolkit. University of Colorado funded by PCORI. MetaLarc. 2018-Present
- Small+Safe+Well (SSWell) study. Colorado School of Public Health. 2018-Present
- Loneliness in Primary Care Patients: A Prevalence Study. Mullen. *Ann Fam Med* 2019; 17:108-115.
- Cancer Survivorship Care in Advanced Primary Care Practices A Qualitative Study of Challenges and Opportunities. Rubenstein. *JAMA Intern Med.* doi:10.1001/jamainternmed.2017.4747
- Increasing Referrals to Community-Based Programs and Services: An Electronic Health Records Referral Process Guide. 2018
- Adult and Child Consortium for Outcomes Research and Delivery Science, Physician discussion group. Sponsored by NIH. 6/6/2016
- Integrating Behavioral Health – A Shared Service Model. Advancing Care Together. The Colorado Health Foundation. 2011-2014
- Development of Primary Care Laboratory Medicine Communication Performance Metrics. State Networks of Colorado Ambulatory Practices and Partners. 2013
- *INSTTEPP: Implementing Network's Self-management Tools Through Engaging Patients and Practices.* Agency for Healthcare Research and Quality. 2013
- Anti-depressant side effects in relation to prescription adherence; Cardiovascular Risk Reduction Learning Community in DARTNet. Distributed Ambulatory Research in Therapeutics Network (research of American Academy of Family Physicians): 7/2009- 6/2011
- Depression Quality Improvement and Study Activities for Participating Practices, DARTNet. 2010
- Understanding the Direct and Indirect Costs of Quality Measurement Data Collection and Reporting in Primary Care Practice. University of Colorado School of Medicine. 2008

INITIATIVES AND PILOTS

- Comprehensive Primary Care Plus, Track 2. 2017-Present
- State Innovation Model (SIM). Integrating Behavioral Health. 2016-Present
- Six Building Blocks: Team Approach to Improve Opioid Management in Primary Care. AHRQ 2019-2020
- Learning from Effective Ambulatory Practices (LEAP Project), Robert Wood Johnson Foundation. 2012-2014
- Colorado Multi-state, Multi-stakeholder PCMH Pilot. 2009-2012
- Systems of Care-PCMH Initiative, The Colorado Medical Society Foundation. 2009- 2011.
- Diabetes and Cardiovascular Collaborative (Colorado Clinical Guidelines Collaborative, CO Department of Health, Colorado Health Foundation) 2004-2006.
- Improving Performance in Practice (Colorado Clinical Guidelines Collaborative) 2006- 2009.
- Integrating Clinical Parameters in the Patient-Centered Medical Home, ECHO Learning Community. University of CO, Skagg's School of Pharmacy. 5/2016-6/2016

PUBLICATIONS

- S.B. Gold, L.A. Green (eds.), *Integrated Behavioral Health in Primary Care, Your Patients Are Waiting* Springer 2019
- Barba, C., Hammond, S., Hammond, S. "The Patient Profile: Improving treatment adherence. *Ann Fam Med* May/June 2018 vol.16, no.3, 271.
- "Can We Make Time to Heal?" *Precipice*. Dept. Family Med. Univ. of CO. No. 3. 2017.
- Hammond, Barba. "A Toolkit for Primary Care-Specialty Care Integration". *Medical Home News* v3 no.2. Feb 2011.
- McDoniel, Hammond, "A Comprehensive Treatment Program for Obese Adults Diagnosed with Obstructive Sleep Apnea." *Top Clin Nutr*. 2010; 25; 172-179.
- McDoniel, Hammond, "A 24-Week Randomized Controlled Trial Comparing Usual Care and Metabolic Based Diet Plans in Obese Adults." *International Journal of Clinical Practice*. 2010; 64; 11, 1503-1511.
- *Medical Home News: Thought Leader's Corner*, 2011-2015.

PRESENTATIONS AND EDUCATION

- Over 100 presentations on PCMH, Medical Neighborhood and Behavioral Health in 10 states and Washington DC, including Patient-Centered Primary Care Collaborative, American College of Physicians, AAFP Scientific Assembly, Institute for Healthcare Improvement, Annual Medical Home Summit. Recent highlights:
- "Your patients are waiting for Integration Behavioral Health and Primary Care." SIM Conference. 3/7/2019
 - "Promoting Evidence-Based Chronic Disease Prevention and Management Programs Through Innovative Community Healthcare Linkages." National Recreation and Park Association Conference. 2018
 - "PCMH Transformation: 10 Years Experience." Engaging Communities in Education and Research (AHEC) Conference. 2018
 - "Westminster Medical Clinic." Colorado Medical Group Management Association. 11/14/2017
 - Hosted delegation from South Korea Ministry of Health to observe WMC model of care for their national demonstration project in management of chronic diseases. 2017
 - Preceptor and host for medical students, family medicine residents and others:
 - University of Colorado School of Medicine
 - "PCMH: Concepts and Practice" – Developed and hosted 2-week elective for 4th year medical students at University of Colorado, School of Medicine. 2011, 2016, 2018, 2019
 - Foundations of Doctoring 2002-2012
 - University of Colorado Family Medicine Residency
 - Swedish Family Medicine Residency
 - University of Colorado Skaggs School of Pharmacy
 - Colorado School of Public Health
 - Red Rocks Community College Physician Assistant Program

POSTERS

- Westminster Medical Clinic's Patient Profile: A Designed Pilot Study. 2012. Elaine Trahan.
- Concept to Practice: Physician-Hospital Compact to Improve Communication and Documentation. 2011. Bridgett Binford.
- Team Concept to Practice: Building a "Medical Neighborhood". 2010. Caitlin Barba.
- Watch WT Med Gem Case Study: Westminster Medical Clinic. 2010.
- The Relationship Between Eating Behaviors and Daytime Somnolence in Obese Adults. SO McDoniel, R. Scott Hammond. 2010.

RESEARCH PARTICIPATION

- A Qualitative Evaluation of Clinical Implementation of Shared Decision Making. Matlock. University of Colorado. 2019
- RAND-American Medical Association study of behavioral health integration. Friedberg. 2019
- Targeted Training in Illness Management for Individuals with Serious Mental Illness and Diabetes Mellitus (curriculum development). Patient Centered Outcomes Research Institute. 2018
- Coordination within medical neighborhoods: Insights from the early experiences of Colorado patient-centered medical homes. Alidina, Shehnaz et al. *Health Care Manage Rev*, 2016, 41(2), 101-112.
- SIM Workforce Model Summit, Colorado Health Institute. 6/20/2016
- Measurement for Performance Improvement in Physician Practices. Agency for Healthcare Research Quality and Rand Corporation. 2016
- The Cost of Sustaining a Patient-Centered Medical Home: Experience from 2 States. Magill, Michael et al. *Annals of Family Medicine*, Volume 13, No 5. Sept-Oct 2015.
- Advancing Care Together by Integrating Behavioral Health & Primary Care. *Journal of the American Board of Family Medicine*, Volume 28, Supplement. September - October 2015.
- Research and evaluation in the transformation of primary care. *American Psychologist*, Peek, C.J.; Cohen, Deborah J; deGruy III, Frank V. Vol 69(4), May-Jun 2014, 430-442. doi:10.1037//a0036223
- Integrating Behavioral and Physical Health Care in the Real World: Early lessons for Advancing Care Together. Davis, Bija et al. *J Am Board Fam Med*. 2013; 26:588-602.

CITATIONS, ACKNOWLEDGEMENTS AND INTERVIEWS

- National Recreation and Park Association. Prescribing Parks for Improved Health Outcomes: National Park Rx Day 2018. <https://www.nrpa.org/blog/prescribing-parks-for-improved-health-outcomes-national-park-rx-day-2018/>
- CO Health Links. Success Stories. Westminster Medical Clinic. 2018. <https://www.healthlinkscertified.org/what-we-do/success-stories/westminster-medical-clinic>
- *Medical Economics*. Behavioral Health: The new frontier in primary care. Dec 2016
- *Comprehensive Primary Care Pathways Guide 2014*, Centers of Medicare & Medicaid Innovation, U.S. Department of Health and Human Service. 7/15. http://downloads.cms.gov/files/cmml/pathways_july2015.pdf
- HealthLeadersMedia. "Orthopedics: From Fragmentation to Integration." 12/14
- ColoradoHealthMatters. Quality Report: Physicians. Patient Centered Medical Home. Doctors Nationally Recognized for Exceptional Care. R. Scott Hammond, MD, and Robin Smith, DO. Colorado Business Group on Health. 2014
- *The Denver Post*, Your Hub "Health Care Reform Thrives". 6/12/14
- The Advisory Committee, "Mandatory Audits for All Medical Home Neighbors, Population Health Advisor research and analysis". 2013.
- Wall Street Journal, "Why America's Doctors Are Struggling to Make Ends Meet". 3/15/12
- DorlandHealth, "How the Medical Home Overcomes Barriers to Care Coordination". 3/27/2012
- ColoradoHealthcareNews, "The PCMH and the Medical Neighborhood: Working Together to Improve Transitions of Care". Jan 2012
- **Patient-Centered Primary Care Collaborative** (www.pcpcc.org)
 - *Practices in the Spotlight, The Medical Home and Diabetes Care*. 2011
 - *Core Value, Community Connections: Care Coordination in the Medical Home*. 2011
- Agency for Healthcare Research and Quality, *Care Coordinating Care in the Medical Neighborhood: Critical Components and Available Mechanisms*. June 2011
- Safety Net Medical Home Initiative Report, *Care Coordination: Reducing Care fragmentation in Primary Care*. 2011
- CAFP News, "Colorado Physicians Create a Medical Neighborhood". Summer 2011 (Journal of Colorado Academy of Family Physicians)
- Health Policy Solutions, "Behavioral health coaching key to doctors' success". 9/21/11
- Health Team Works Blog: "PCMH-Hospital Committee Strives to Improve Quality, Reduce Healthcare Costs". 2011
- Colorado Medicine (Journal of Colorado Medical Society)
 - *Case Study of a Medical Home*. July/August 2011
 - *Systems of Care/PCMH Initiative: Two-year project brings improved awareness, trend toward adoption*, Sept/Oct 2011
 - *Welcome to the Neighborhood: ACP defines role of specialists with the PCMH*, Nov/Dec 2010
- AAFP News Now (American Academy of Family Physicians newsletter)
 - Health IT Forges Medical Neighborhoods as FPs Collaborate with Specialists, 8/16/13
 - FPs Carry PCMH Model Forward on State, Local Levels, 8/31/11
- Position paper. American College of Physicians, "The Patient-Centered Medical Home Neighbor: *The interface of the Patient Centered Medical Home with Specialty/Subspecialty Practices*". 2010
- HealthElevations, "Going Home... More businesses Promote 'Medical Homes'", Summer 2010. (Quarterly Journal-Colorado Health Foundation)
- Family Practice News v.39, No.2. 2009, "Home is Where the Real BP Readings Are".