About Us

Westminster Medical Clinic was established in 1952. We hope to offer choices with better medicine and personalized care together for each patient and within the community.

The Clinic partners with school districts, academic-clinical researchers, community organizations, and individuals. The Clinic also focuses on improving healthcare clinician and workforce wellbeing so that we can be better for each person. The Clinic is owned and operated by people who work at the Clinic rather than insurance companies, hospitals, or other organizations.

Ask These Questions to Choose a Personal Provider Right for You

Describe yourself as a Provider, your philosophy of health, and your communication style.

I have one Provider, you have many patients. How can we get to know one another and remember me?

How do my goals get included into care?

What does quality-of-life mean to you in care?

Are there specific patients you work best with?

Patient Advisory Council APPROVED

Want to make a difference? Join the Patient Advisory Council (PAC) to become part of improving the patient experience.
If you are interested, email pac@westminstermedicalclinic.com.

WESTMINSTER MEDICAL CLINIC

Family Medicine taking better care of individuals and families
in sickness and health, in healing and wellbeing.

PERSONALIZED MEDICINE SERVICES

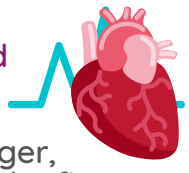
303-428-7449

www.westminstermedicalclinic.com

Personalized, better care can improve everyday living and longevity.

Advanced Cardiovascular Care

Measuring cholesterol alone is not enough to truly understand your heart health risk. Research supports the need to look at additional cholesterole and inflammatory biomarks.



Almost half of patients tested at WMC have hidden risk of stroke or heart attack.
Improve health now for a longer, better-lived life with testing. The first step is to schedule a visit with your provider to ask how to order personalized bloodwork, a carotid imaging scan, and a central blood pressure.

Advanced Gut Health

Research supports gut health as a picture of overall health. Gut health is impacted by environment, stressors, medications, oral health, nutrition, and physical activity.

Almost half of patients at WMC have symptoms like diarrhea, gas, or bloating.
If you have symptoms, there are options that can help. Testing at WMC can determine what might be the root cause of symptoms. WMC uses Vibrant and other labs for testing. Schedule a visit with your provider to learn more.

Advanced Cancer Risk

Genes are specific parts of our DNA that produce the proteins that make up our body and direct how it works. Variations in genes determine unique characteristics that can put you at risk for certain diseases or medical conditions later in life. The results do not guarantee that you will get that disease or condition.

By knowing your genetic, hereditary cancer risk with testing, you and your Primary Care Provider can work together to minimize your risk of developing a cancer as you age.

Clinical Pharmacy

The WMC Clinical Pharmacist can support you in better understanding medications, what they do, and can help with side effects. The Clinical Pharmacist works with you and your Primary Care Provider on blood pressure, diabetes management, weight loss, medication refills, and annual visits.

Approximately 8 in 10 patients at WMC get to eliminate or change a medication to help with side effects and lower cost.

Advanced Care Planning

Healthier and more well-aging are a process that can be planned for or improved now. Many patients at WMC want to prevent or improve cognitive decline, dementia, Alzheimer's, or frailty conditions. Similarly, patients may want to begin talking now about wishes at the end of life.

Your Primary Care Provider and in-house care management at WMC are ready to begin these conversations, visit with you for assessment, and make a plan with you based on your priorities.

Daily Health and Wellness

A person's daily life and wellbeing are impacted by emotions, intimacy and social connections, food and nutrition, physical activity, transportation, where one lives, weight, mental health conditions, and quality-of-life.

Patients who are cared for at WMC with a Primary Care Provider are able to work with additional Integrated Care services. Examples of services that can make a daily difference are listed below.

- Behavioral health therapy
- Mindfulness and biofeedback
- Nutrition education, meal planning, or accountability
- Physical activity indoors or outdoors with our Health Coach
- Relationship counseling
- Arranging support and resources with older adults and caregivers
- Food pantry
- Handmade cards by Kid's Club

Additional information about Personalized Services can be found in additional materials from your Primary Care Provider or on our website.
www.westminstermedicalclinic.com

We Would Love to Visit with You Soon.